



METHODOLOGY FOR PREPARING THE SOCIAL SKILLS WORKSHOP

Buchrasest, Romania, 22-23 May 2017

FOCUS GROUP

Two focus groups

- ✘ Syrian immigrants who flee war and also they have children. (6 Syrian Parents)
- ✘ Our organizations members (6 Turkish Parents)

LOVE AND AFFECTION

- ✘ The parents think love and affection must be delivered conditional because it is not a normal situation to show love in the Middle East. You love your children but the children don't feel. This may be very interesting, but the living conditions are this way.
- ✘ Some women said it should be unconditionally.



STRESS MANAGEMENT

- ✘ They say they are very stressed out of the difficult living conditions and reflect this on their children. They do not want to reflect their stresses to their children, but they do not know how to do it.



RELATIONSHIP SKILLS

- ✘ They are making efforts to establish healthy relationships with their children and their partners. Especially in the male-dominated society, it is not very healthy. On the other hand they take care to not argue with their partner in front of their children.

AUTONOMY * INDEPENENCE

- ✘ They are careful not to be very protective in order to give their children confidence. They realize that life is full of good or bad surprises. Like a war... To face the fact that they can only survive in life. So they do not want to be very protective.

EDUCATION * LEARNING

- ✘ Parents provide educational activities but after the Syrian war, it was not possible for the children to continue to the school.
- ✘ Parents want the children have a good jobs and earn much money.

LIFE SKILLS

- Their children get skills like sheltering in these camps, eating at campfires and moving safely in a difficult place. These skills will help your child to develop self-confidence and independence. They can not always protect your child against their unpleasant surprises in life.
- Girls and boys love to cook too. As a parent, from a young age you can ask your child to help you in the kitchen.

BEHAVIOUR MANAGEMENT

- ✘ Parents use usually punishment, sometimes this punishment can turn into physical violence. Parents are not very successful in rewarding children.
- ✘ They do not have the information about where they reinforce the children and how they are.



HEALTHY LIFESTYLE

- ✘ Parents don't have a healthy lifestyle : especially smoking and obesity, no sports habits...

RELIGION *SPIRITUALITY

- ✘ All population is Muslim and they depend on their religion. They educate their children by giving priority to religious and spiritual values.



SAFETY

- ✘ Parents aren't protective because they have economic problem all family work somewhere. Unfortunately, child labor is at a high level.