



Sufinancirano sredstvima
programa Europske unije
Erasmus+



Focus group

Team Croatia



Focus group

- 2 groups
- 5 parents per group
- First group – partners from other departments
- Second group – parents from a primary school

Love & Affection

- A child should feel that you are always there for him
- Parents should respond to the needs of their child in order to develop true affection
- We love children regardless of their behaviors
- Parents should truly know their child and their dreams and desires

Stress Management

- Outdoor recreation
- Dance
- Arts and crafts
- Vacation
- Time alone
- Hiking
- Sports activities

Relationship skills

- We talk about problems
- Listen to each other
- Trust is the most important thing in a relationship
- We eat together
- We take a walk, go out, take some alone time
- We try to maintain a good relationship and not to take each other for granted

Autonomy & Independence

- We teach our children to take care of themselves, to cook and clean.
- We encourage our children to work and earn their own money to buy things they want
- I leave my children alone at home but i give them tasks to do like writing thier homework or cleaning thier room

Education & Learning

- Education is very important
- When my children take up an extracurricular activity i want them to finish them
- It is important to keep up with a childs needs and wishes and not to live your life throught you child

Life Skills

- We teach our children to be responsible
- To be creative
- To plan
- To accept differences
- To think with their own head
- To respect and listen to other opinions
- To be independent
- To be honest

Behavior Management

- I explain to my child that every behaviour has an effect, good or bad
- Clear rules and boundaries
- We talk about punishment and rewards, I explain them to my child we agree on them together
- Not too many restrictions
- Consistency is very important
- I tell my child when he did something good and award it

Healthy Lifestyle

- I cook and try to provide healthy and diverse meals for my family every day
- I take my child to the doctor and dentist on regular check-ups
- I brush teeth with my children together every day
- I exercise regularly and try to interest my children in sports
- We don't watch TV at home

Religion & Spirituality

- We talk about religion with our children and always answer their questions
- We celebrate holidays
- If our children want to go to church they may go but if they dont want to we dont push them

Safety

- I know my childrens friends and their parents
- I have phone numbers of the friends parents
- I trust my child
- I always know where and with whom my child is and we agree on the time of return