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SPAHCO

PARENTING SKILLS SOCIAL SERVICES USERS



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Love and affection

- **They do not express their love, it doesn't mean that it doesn't exist, but they do not show it**
- **They use it as a condition. It is not unconditionally**
- **This is a consequence of their previous lack of affection when they were children**



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Stress management

- **They lack of techniques to reduce their stress or their children's**
- **Very often stressful situations lead to aggressiveness**



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Relationship skills

- **In general, they do not follow a healthy relationship with their partners.**
- **Sometimes, those who do not have a bad relationship, it's because they live completely independent lives**



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Autonomy & independence

- **Parents are not protective at all with their children.**
- **They make their children autonomous too soon**



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Education & learning

- **Parents do not provide reinforce when necessary**
 - **It is not a priority activity for them**
 - **Sometimes the reason is that they do not have the economic means**
 - **They cannot help them with homework, because their educational level is very low**



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Life skills

- **They provide negative life skills (e.g. not dialogue but imposition, not taking into account other people's view...)**



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Behaviour Management

- **Reinforce measures do not exist**
- **Punishment measures are very badly managed**



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Healthy lifestyle

- **They do not follow a healthy lifestyle: bad nutrition habits, bad hygiene, alcohol abuse, no exercise, no cultural activities...**



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Religion & Spirituality

- **They believe in god, but they are not churchgoers.**
- **However, they put a lot of confidence on god (the highest the cultural level, the most confidence on oneself and less trust on others sources)**



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Safety

- **Parents are not protective (children go alone everywhere, they do not supervise their activities)**
- **They do not keep safety measures to prevent accidents**



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Conclusions

- **There are different levels in social services users (due to the economic crisis, new profiles of services users have appeared in the last ten years, but anyway they were people lacking of some skills)**
- **Social services users are people lacking of skills (family and minor programme)**
- **It is very important to make a preventive work with children (parents: containment work, very difficult to change them now)**