



4TH SPAHCO MEETING ON „HEALTHY COMMUNITIES“



CROATIA , VARAŽDIN, 23 – 24th October 2017.

Venue: Park Boutique Hotel Varaždin, Juraja Habdelića 6 St, 42000 Varaždin

Day 1: MONDAY 23rd October, 2017

7:00 – 9:00	Breakfast at Hotel Park Boutique Varaždin
WELCOMING AND PLENARY SECTION ON HEALTHY COMMUNITIES	
9:00 – 9:10	Welcome and presentations of all participants
9:10 - 9:25	Isabel Serna, Ceuti, Spain : Presentation of the SPAHCO and what we did sofar
9:25- 9:35	Irena Stipešević Rakamarić, Varaždin, Croatia: Introduction to the agenda of the „Healthy Communities“ meeting
9:35 – 9:45	Mateja Grizelj, Varaždin, Croatia: Introduction to the „Healthy Schools“ topic
9:45 – 10:45	Prof.dr.sc. Selma Šogorić, School of Public health „Andrija Štampar“ and president of the Croatian Healthy Cities Network: „Healthy Communities Concept and why we tend to return to it“ - - Examples of good practices in the Healthy Cities project
10:45 – 11:15	COFFEE BREAK
10:45 - 11:15	<i>Healthy Cities Network meeting with local policy makers – just for locals)</i>
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PARTNERS PRESENTATIONS AND WORKSHOPS (for project partners and participants only)	
11:15 – 11:30	Mateja Grizelj : ICE- BREAKER ACTIVITY
11:30 – 12:00	Viborg municipality (Denmark) : „70 pupils and their parents in healthy communities“- two days experiment at Soendre school in Viborg
12:00 – 12:30	ALIAT(Romania)
12:30 – 13:30	LUNCH BREAK
PARTNERS PRESENTATIONS AND WORKSHOPS	
13:30 – 14:00	Ceuti municipality (Spain): Healthy school
14:00 – 14:30	Iskenderum (Turkey)
14:30 – 15:00	Ilawa (Poland)
15:00 – 15:15	COFFEE BREAK

15:15 – 15:30	ICE- BREAKER ACTIVITY
15:30 – 16:00	Varaždin ZZJZ (Croatia)
16:00 – 16:45	Health visitor Jette Bering: Danish initiative „Family Entrepreneurs“
16:45 – 17:00	Conclusions of the day
17:00 – 18:00	Refreshment in the hotel
18:00 – 19:30	Guided tour on Varaždin Old Town
20:00	Dinner at „Verglec“ restaurant



Day 2: Tuesday , 24th October, 2017

7:00 – 9:00	Breakfast at Hotel
9:00 – 9:15	Follow up from yesterday : QUESTIONS AND SUGGESTIONS
9:15 – 9:30	ICE- BREAKER ACTIVITY (Mateja Grizelj)
9:30 – 10:00	Irena Stipešević Rakamarić, Varaždin, Croatia: „Little and Healthy“ – presentation of the program and example of story telling as a method in pree-school children / manual for parents
10:00 – 10:20	COFFEE BREAK
	WORKSHOP SECTION
10:20 – 11:20	EURONET (Italy) : ONLINE GAME AND APP WORKSHOP
11:20 – 12:30	Group work and discussion
12:30 – 13:30	LUNCH BREAK

13:30 – 13:45	Louise Orum Skytt: Leaflet on „Healthy Media Habits“
13:45 – 14:00	Henrik Holmskov: Next workshop in Viborg
14:00 – 14:15	Discussion and conclusions of the meeting
14:15 – 15:00	REFRESHMENT IN THE HOTEL
15:00 – 19:00	Trip to Trakoscan Lake and Castle
19:00	Dinner at Trakoscan Hotel

